

## What PHISH Offers...

- Free technical assistance and site visits for erosion and soil health related issues.
- Free soil sample analysis and recommendations.
- E. Coli, lead and other heavy metal testing information.
- Soil health improvement recommendations and technical assistance.

## Our Partners



## Technical Providers

- Clay County SWCD (812) 446-8986
- Greene County SWCD (812) 384 - 4634
- Morgan County SWCD (765) 349-2060
- Putnam County SWCD (765) 653 - 5716
- Sullivan County SWCD (812) 268 - 5157
- Vigo County SWCD (812) 232 - 0193

Email: [paul.pendergast@in.nacdnet.net](mailto:paul.pendergast@in.nacdnet.net)

\*\*USDA and its partners are equal opportunity providers, employers, and lenders.

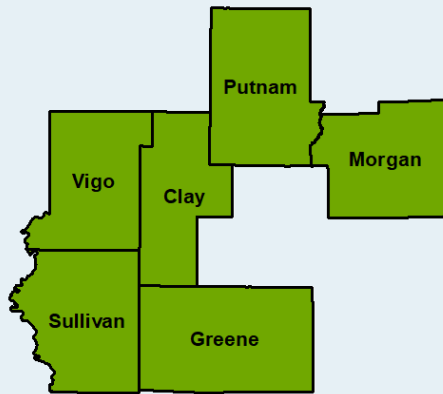


# PHISH: People Helping Improve Soil Health

*A Local Working Group  
providing educational  
and technical assistance  
to those in  
West-Central Indiana.*



**PHISH**  
People Helping Improve Soil Health



## A Little Bit About Us...

Our group was founded in 2019 with the goal of providing soil health education and improvement for local community members. Since 2019, PHISH have grown to a local working group spanning across six counties: Clay, Greene, Putnam, Sullivan, Vigo, and our newest member Morgan County.

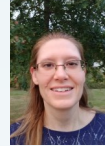
With the help of SWCD employees, NRCS & USDA staff, and other local partners, PHISH has now become an established urban soil health group in west-central Indiana.

As a local working group, PHISH and its members are striving to provide soil health training, education and outreach. Look for upcoming workshop opportunities, or give your local county a call for a free on-site evaluation.

## Technical Providers:



**Paul Pendergast—Chair**  
Vigo County SWCD



**Sara Campfield—Secretary**  
Putnam County SWCD



**Becky Steele—Treasurer**  
Vigo County SWCD



**Katie Marchino**  
Sullivan County SWCD



**Jennifer Creager**  
Clay County SWCD



**Kerry Winter-Haver**  
Greene County SWCD



**Lisa MacPhee**  
Morgan County SWCD



**Allison McKain**  
ISDA—Bloomfield, IN



**Jenna Nees**  
Purdue Extension—  
Greencastle, IN

## Soil Health Quick Tips

- ◆ Use Cover Crops! This helps with slowing erosion and the depletion of the soil's nutrients.
- ◆ Rotating crops can support the recycling of the soil's nutrients without the means of a synthetic applicant.
- ◆ SOM, or soil organic matter, consists of decomposing plant/animal material which plays a key part in soil fertility. Adding SOM to sandy soil can help increase the soils ability to retain water.
- ◆ Nutrient management is a method a lot of producers and small scale gardeners use to properly care for their varied plants. Common nutrients found in soil are Nitrogen, Calcium, Magnesium, Potassium, and Phosphorus. Adding or leveling out these nutrients can fix common problems such as yellowing leaves, poor plant growth, or even the inability to produce a flower or fruit.

